

Father's Day 5K Run/Walk/Stagger

Props to You Dad!

Sat. June 17 @ 6:30pm at Props Brewery and Tap Room

125 Lovejoy Rd. NW, Ft. Walton Beach, FL 32548

Name _____ Age _____

Address _____

5k ___ Run ___ Walk ___ 1 Mile Walk of Shame ___ M ___ F ___

Email _____ phone# _____

Tshirt Size: Men's: S M L XL XXL

5K- \$25 for Runners and Walkers until 6/4 \$30 late registration

1 Mile Walk of Shame- \$25 until 6/4, \$30 late registration

CHECKS PAYABLE TO: Run With It **Food, Beer and Fun Included!**

Register at Active.com or Run With It 170 Miracle Strip Pkwy Ft. Walton Beach FL

Packet pick-up: 4-6:00pm, Fri. June 16th @ Run With It. Race day registration at Props Brewery and Tap Room from starting at 4pm RWI# 850-243-1007. Awards **PARTY** to follow!

Awards for Runners: Overall Male and Female, Master and Grandmaster.

Awards for Runners: Male and Female 3 deep in 5 year age groups.

Awards for Walkers: Top three Male and Female walkers. No awards for the Walk of Shame

I know that running, walking [volunteering for] a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the effects of alcohol, traffic and the conditions of the road, all such risks being known and appreciated by me. I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Run With It, the city of Ft. Walton Beach, the Northwest Florida Track Club, Props Brewery and Tap Room, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature: _____ Date: _____

Parent's Signature if under 18: _____ Date: _____