



Timberlake 5K Run/Walk and Half Marathon
November 18, 2017 8:00 AM

Location: The race is held on the road to Camp Rudder (U.S. Army Ranger Camp), near the intersection of Ranger Camp Road and Lewis Turner Boulevard, Ft. Walton Beach, Florida.

Course: The course is out and back through the scenic woods of the Eglin AFB military reservation. The road is paved all the way to the turn around points at 1.5 miles for the 5K and 6.5 miles for the half-marathon.

Registration: Early registration mailed to: NWFTC - Timberlake Half Marathon/5K Run
P.O. Box 911
Shalimar, Florida 32579 (Must be postmarked by November 3rd)
Also Drop Off at Run with It, 170 SE Miracle Strip Pkwy, Ft. Walton Beach, FL

Entry Fee: Early registration (by 11/3) \$25.00 for 5K Run (\$2.00 discount NWFTC members)
\$30.00 for Half Marathon (\$2.00 discount NWFTC members)
Late and Race Day Registration: \$30.00 for 5K
(after November 4th) \$35.00 for half marathon (no discounts late & race day)
Make Checks Payable to: Northwest Florida Track Club or NWFTC

Packet Pick-up: RUN WITH IT, Friday, November 17th from 4:00 to 6:00 PM, 170 SE Miracle Strip Pkwy, Ft. Walton Beach, FL, and at race site on day of race. No refunds. Packets must be picked up. No mail outs.

Perks: "2017" Timberlake Long Sleeve T-shirt to the first 200 registered runners. (sizes not guaranteed...early registrations will have a better chance of getting requested size). Refreshments at finish line. Free Massages by Bodyworks by Bull. Medals for all half marathon finishers.

Awards: Awards will be presented to the overall male and female in the open, masters and grandmasters categories for the half-marathon and the 5K Run. Awards will also be given to the top three males and females in the following age groups: 0-9/10 -14/15-19/20-24/25-29/30-34/35-39/40-44/45-49/50-54/55-59/60-64/65-69/70-74/75+. The 5K Walk awards will be presented to the Top 6 Males and Females.

For more information contact Brian McMahon at (850) 651-8958, timberlake@nwftc.com, or president@nwftc.com

Waiver: In consideration of the acceptance of this entry in the Timberlake Half-Marathon and 5K Run, I hereby for myself, my heirs, and my personal representatives, waive and release any and all claims and rights for damages I may have against the NW Florida Track Club, Jackson Guard, the United States Air Force, the organizers, sponsors, officials, and contributors and their representatives, successors and assigns for all and any illness or injuries suffered by me as a result of my participation in or traveling to or from this event.

PLEASE PRINT ALL INFORMATION

NAME: _____ AGE: _____ MALE / FEMALE (circle one)
ADDRESS: _____ PHONE: _____
NWFTC Member: Yes / No (circle one)
SIGNATURE _____ Amount paid \$_____
(Parent or Guardian if under 18 years old)

Please circle race and shirt size: RACE: Half Marathon 5K Run 5K Walk SHIRT SIZE: S M L XL XXL